

## Pre-Treatment Advice for Permanent Hair Reduction

- A course of hair removal treatments and results vary from person to person.
- Usually six to ten treatments are required four weeks apart, the number of treatments vary per person, per area of the body. It may appear that your hair is 're-growing' after the second or third treatment, however, this is *only the hair that has been lying dormant*, in the resting period for the last six - eight weeks. Please be sure to continue your treatments past this stage and speak to your IPL Therapist if you have any questions.
- A patch test to assess your correct skin type and the correct settings of our medical grade iPulse IPL/SPL machine is a \$50 consultation fee.
- Hair that has not returned in this time usually will not grow back; the hair that does grow through will be finer, softer, lighter in color and have a much slower growing cycle. Once the hair has been removed, occasional maintenance over the years will be required.
- For maximum results you need to follow the initial course regularly, along with the guidance and recommendations of your Beauty Image Therapist. Some skin care may be advised and it is recommended to follow your therapist's advice. You need to work together to get the best results FOR YOU.

### **YOU MUST ADHERE TO THE FOLLOWING PRIOR TO TREATMENT:**

- **DO NOT expose** the skin to the sun or sun beds for at least 4 weeks before the treatment.
- Do not use any self tanning products for at least 3 weeks prior to your IPL treatment or during your IPL course.
- **DO NOT use bleaching creams, perfumes, aromatherapy oils, harsh cleansers or creams, perfumed products for 24 - 48 hours before treatments.**
- Do drink plenty of water to keep your body well hydrated.
- Avoid swimming in strong chlorinated water immediately before IPL treatments.
- Avoid wearing tight clothing when attending the treatments.
- Any areas being treated that are exposed to sunshine (even on a cloudy day) need to be kept covered by used of sun-screen or a hat.
- You **MUST** inform your Therapist of any illnesses, medications and herbal treatments as some things may interfere with a successful IPL treatment, or cause adverse reactions. Any information discussed is kept in the strictest of confidence. (eg: St John's Wort (herbal) induces photosensitivity which could lead to burns should your therapist not be informed)
- Your employment and hobbies may need to be discussed to determine that nothing will interfere with your treatments.
- Hot and humid weather conditions can aggravate skin in the period immediately after treatment.