

Pre-Treatment Advice For Rejuvenation, Acne and Vascular

- DO Not expose skin to sun or tanning beds, tanning lotions or sprays for at least 3-4 weeks before or between IPL treatments. No tan can be present in areas to be treated.
- Do no wax or tweeze immediately before treatment and Do not use bleaching creams, perfumes or perfumed products 24 - 48 prior to IPL.
- Avoid swimming in strong chlorinated water immediately prior or post treatments.
- Hydrate the body by drinking plenty of water.
- Your Beauty Image Therapist will prescribe the correct skincare to address your concerns so your skin is in its optimum health and we are working together to get the best results for you. Our Vitamin C Serum, SPF 30 + and exfoliant will definitely be recommended as we *know these products well* and see their great effects daily. When an IPL course is purchased you can receive these products at a special reduction. your therapist will talk about this with you.
- A facial tailored to your concerns will need to be performed first to prepare your skin for IPL treatments.
- Advise your therapist of any harsh creams/chemicals you come into contact with through work. Eg: a surgeon who 'scrubs up' using high strength products.
- The use of Retinol products or Roaccutane or other Acne drugs must be told to your therapist BEFORE any IPL is performed.

Treatment Plan

- A doctor's letter may be required to confirm that there is no evidence of skin cancers.
- Results will vary from client to client and may need several treatments to obtain the desired outcome though one treatment will deliver an improvement. There is no way to predict results.
- You must wear sun protection before and after treatment.
- You must use your Vitamin C and SPF even on cloudy days to protect from damaging UVA rays.
- You will need a few exfoliating treatments throughout your course of IPL, your Beauty Image Therapist will be discuss this with you.
- Mineral Makeup (completely natural no-chemicals) will provide a wonderful coverage for any concealment you may want, whilst also providing your skin vitamins and further protection from damaging free radicals. Mineral makeup is light, non pore clogging like most liquids, etc, and is what we call a physical protection from the sun as it does not soak into your skin like SPF does. It stays put until you want to remove it. Even if you work indoors, you are still exposed to these damaging factors. Your Beauty Image Therapist can show you our great range of Mineral Makeup.