

Postcare Advice For Rejuvenation, Acne and Vascular IPL

- Use the recommended home-care products as discussed with your Beauty Image Therapist. Avoid active products for the first 48 hours. Do not use if there is swelling or discomfort in any areas. Never use Retinol or acne drugs during IPL without your therapist's knowledge.
- Do not apply any deodorants, perfumes or the such for 24 - 48 hours post IPL treatment. Avoid heat and steam for the first 24 hours, it may cause discomfort.
- There may be swelling and redness; this may last for up to 3 - 5 days.
- Pigmented lesions WILL become darker before they become lighter and hopefully disappear altogether. This darker look is what we call 'milo-ing,' as it looks like flecks of wet Milo.
- Any dry skin patches or 'Milo-ing' will exfoliate itself away leaving new healthy skin underneath, therefore - DO NOT PICK OR SCRATCH THESE AREAS. The use of our ASAP Soothing Gel can bring relief to any irritated areas; ask your Beauty Image therapist so you may purchase this at the special price reduction for our valued IPL clients.
- DO NOT expose the treated area to sun, sun beds or instant tanning until after your IPL course has completed
- If hands are being treated, wear white cotton gloves while driving. Apply Vitamin C Serum and SPF to the back of hands. DO NOT BAKE, COOK OR USE HARSH CHEMICALS/CREAMS ON HANDS IMMEDIATELY PRIOR TO OR AFTER IPL. Allow 36 hours before any baking or direct exposure to such heat.
- Wear SPF 30+ sun block every day, every minute. It is vitally important to protect and prevent further damage. Even on a cloudy rainy day - the sun's rays on these days can still penetrate to below skin's surface and cause damage to the developing cells.
- Mineral makeup (completely natural, no-chemicals) will provide a wonderful coverage for any concealment you may want, whilst also providing your skin with vitamins and further sun protection from damaging free radicals. Mineral makeup is light, non pore clogging, like most liquids, and is what we call a 'physical protection' from the sun. It give the best possible care, protection, nourishment and coverage a makeup can give. It stays put until you want to remove it. Even if you work indoors, you are still exposed to these damaging factors. Your Beauty Image Therapist can show you our great range of Mineral Makeup.
- Veins will appear darker before they will eventually lighten and disappear. The timing of this is very different for each area and each person, as these are flowing and moving. It may be necessary to have lymphatic drainage facials to move this along. Your therapist will advise if this is necessary.
- It should be noted that comparisons to friends or family members treatments should not be made as each body is very different and other factors affect everyone differently.
- Family history of Vascular or any skin diseases will need to be noted and told to your therapist.
- Cooling packs wrapped in paper towels can help relieve any discomfort during the first day after treatment.
- Please call your Beauty Image Therapist immediately with ANY adverse reactions or if you have any questions. We are here to help you achieve your desired result. We welcome and encourage feedback to continue to provide our best services.