

Post Treatment Advice For Permanent Hair Reduction

What to Expect:

- Multiple treatments are necessary, approximately 4 weeks apart.
- Some occasional swelling may happen in the treated area. The swelling is a result of the follicles having been heated, it is a normal reaction to IPL and is not an infection or a burn. If you are concerned consult with Beauty Image or your GP.
- Crusting (brown, dry, flakey skin) can occur in some areas. This is normal and will not scar. You must not pick or scratch at all so as not to scar.
- Dead hair can take 2 - 3 weeks to eject from the follicle after the treatment. This is **not** new hair growth. You should use a loofah or body exfoliant to remove the hair, starting one week after treatment.

After Care: You MUST Adhere to the Following After Treatment:

- DO NOT expose your skin to sun or sun beds for at least 4 - 6 weeks, DO NOT use fake tanning without discussing with your therapists first.
- DO NOT shave for 48 - 72 hours after treatment.
- DO NOT use bleaching creams, perfumes, aromatherapy oils, harsh cleansers or creams, perfumed products for 24 - 48 hours.
- DO NOT pick or scratch the treated areas. The use of our ASAP Soothing GEL can bring relief to any irritated areas; ask your therapists so *you may purchase this at the special price reduction* for our valued IPL clients.
- Avoid very hot baths, showers and saunas for one week after treatment.
- Avoid exercising or sweating excessively for 24 hours after treatment.
- Avoid wearing tight clothes and any friction to the areas for 36 - 48 hours post IPL.
- Hydrate the body by drinking plenty of water.
- Use of our Regenerating & Healing Vitamin C and Sunblock of SPF 30+ Daily is a paramount for the right care of your skin. Ask your therapist for your special IPL reduction.
- Cover up and wear a hat when in the sun.
- Consider any employment or hobby interferences, eg: a surgeon using strong chemical soaps to 'scrub-up' for surgery.
- Any changes in medications, illnesses, herbal treatments or pregnancies must be reported to your therapist.

It is impossible to remove ALL hairs as some are too fine or too light to be successful. Any questions and feedback are welcomed and encouraged so that we may continue to deliver this high level of service our clients have come to expect, and to ensure you understand there are many factors & variances involved with IPL. All information is strictly confidential and used to determine the best possible outcomes for your utmost satisfaction.